*Trotwood-Madison High School - Free to All Students*

*News*

**A Lunch consists of an entrée, a milk, and a choice of up to four sides. Sides may include:**

**Steamed or fresh veggies**

 **Side salads or pastas**

**Fresh, canned, or dried fruits and 100% fruit juice**

**Items on this menu are subject to change without notice. Substitutions may be made to account for shortages and to take advantage of seasonal items.**

**In addition to the items on this menu, each day we may offer additional entrée options and snack items for purchase.**

**Our lunches meet 1/3 of the RDA requirements for nutrition.**

***What is a Ram Bowl?***

**Creamy Mashed Potatoes, Crispy Popcorn Chicken,**

**Steamed Corn,**

**and Chicken Gravy**

**layered in a bowl.**

**T-M High School**

**Fynecia Hines**

**854-0878 ext. 2406**

**Pizza Hut Pizza**

**Glazed Carrots**

**Side Salad**

**100% Fruit Juice**

**Choice of Milk**

**\*\*Ram Bowl\*\***

**Fresh Cucumber Slices
Mixed Fruit**

**Choice of Milk**

**Pulled Pork Sandwich**

**Baked French Fries**

**Fresh Broccoli Bites**

**Fresh Apple Slices**

**Choice of Milk**

**Chicken Quesadilla**

**Steamed Cut Corn**

**Fresh Celery Sticks**

**Diced Pears**

**Choice of Milk**

**Hot Dog or Bratwurst**

**Baked Beans**

***Sun*believable Slushie**

**Choice of Milk**

***Moon* Pie**

**No School**

**Eclipse Day**

**Walking Taco**

**Steamed Cut Corn**

**Fresh Cucumber Slices**

**Mandarin Oranges**

**Choice of Milk**

**Chicken Tenders w/**

**Cornbread**

**Mashed Sweet Potatoes**

**Fresh Broccoli Bites**

**Applesauce**

**Choice of Milk**

**Tangerine Chicken w/Rice Fortune Cookie**

**Stir Fry Vegetables**

**Fresh Cauliflower Bites**

**Cut Fresh Fruit**

**Choice of Milk**

**Manager’s Choice**

**Fresh Carrot Sticks**

**100% Fruit Juice Slushie**

**Choice of Milk**

**Pizza Hut Pizza**

**Green Beans**

**Side Salad**

**100% Fruit Juice**

**Choice of Milk**

**Buffalo Chicken Sandwich**

**Fiesta Black Beans**

**Fresh Cucumber Slices**

**Mixed Fruit**

**Choice of Milk**

**BBQ Riblette Sandwich**

**Steamed Peas**

**Fresh Broccoli Bites**

**Fresh Apple Slices**

**Choice of Milk**

**Chicken Drumstick w/**

**Biscuit**

**Mashed Potatoes**

**Celery Sticks**

**Diced Pears**

**Choice of Milk**

**Manager’s Choice**

**Fresh Carrot Sticks**

**Pineapple Tidbits**

**Choice of Milk**

**Deep Dish Pepperoni Pizza**

**Steamed Broccoli**

**Side Salad**

**100% Fruit Juice**

**Choice of Milk**

**Beef Soft Taco**

**Steamed Cut Corn**

**Fresh Cucumber Slices**

**Mandarin Oranges**

**Choice of Milk**

**Chicken Tenders w/**

**Dinner Roll**

**Sweet Potato Fries**

**Fresh Broccoli Bites**

**Applesauce**

**Choice of Milk**

**Chicken Fajita Bowl w/**

**Mexican Rice**

**Fiesta Black Beans**

**Fresh Cauliflower Bites**

**Cut Fresh Fruit**

**Choice of Milk**

**Manager’s Choice**

**Fresh Carrot Sticks**

**100% Fruit Juice Slushie**

**Choice of Milk**

***This institution is an equal opportunity provider***

**Pizza Hut Pizza**

**Fresh Carrot Sticks**

**Side Salad**

**100% Fruit Juice**

**Choice of Milk**

**Chicken Soft Taco**

**Refried Beans w/Cheese**

**Fresh Cucumber Slices**

**Mixed Fruit**

**Choice of Milk**